

NCC TRAINING

The National Cadet Corps (NCC) is the youth wing of the Indian Armed Forces with its headquarters in New Delhi, India. It is open to school and college students on voluntary basis as a Tri-Services Organisation, comprising the Army, the Navy and the Air Wing, engaged in developing the youth of the country into disciplined and patriotic citizens.

WHAT IS THE TRAINING IN NCC ?



In ncc, basically the same training is given in Indian army as in ncc. 30 to 40 per cent training of Indian Army is given in NCC. Long running is done in the morning first. Stretching is done after running. A workout is then taken. This is followed by the PT parade. Ragada in PT parade is taken. Ragada is not a punishment but a workout process. After PT parade drill practice is taken.

Drill, shooting, Physical fitness, map reading, First aid, Gliding/Flying, boat pulling, sailing and camp training covering basic of military training in Army, Navy and Air Force.

This training is mostly carried out in schools and colleges by the cadets. In addition, depending upon the type of service, basic knowledge of that service is imparted to the cadets e.g gliding , powered flying for Air Wing cadets and boat pulling, sailing for Naval Wing cadets form part of institutional training. These activities comprise approximately 50% of the entire syllabus.

DRILL



Cadets must be made to understand the aim and purpose of teaching drill, so that they are suitably motivated and do not take it as "fatigue". Emphasis will be laid on correct bearing, marching, saluting and arms drill. Inter-squad competitions may be organized to create interest.

WEAPON TRAINING



Cadets generally take keen interest in weapon training and firing. Units must liaise with nearby Service and Para-Military Units to ensure that all cadets get an opportunity to fire their authorized armn. Use of firing simulators may be made to optimize training efforts where possible.

ADVENTURE TRAINING

Adventure activities have been incorporated in NCC training with the aim of inculcating and strengthening leadership traits amongst the cadets. These activities in NCC can be broadly divided into the following.

- 1.Land based - Mountaineering,Rock Climbing,Trekking.
- 2.Water based - Sailing Expedition,White Water Rafting,Scuba Diving,River Crossing.
- 3.Air based - Parasailing.

CAMP TRAINING



Camp training is the practical manifestation of institutional training. The basic aim of Camps is to introduce cadets to a regimented way of life and helps in developing camaraderie, team work, leadership qualities, self-confidence, self-reliance and dignity of labour in the cadets. The cadets are exposed to the excitement of camp life where they apply the theoretical knowledge that they had gained in Institutional Training. It is mandatory for Junior Division/ Junior Wing cadets to attend at least one camp and Senior Division/ Senior Wing cadets to attend a minimum of two camps during the period of their enrolment.

OBSTACLE TRAINING



This is one of the training activities during camp. Not only makes the cadets physically strong but also develops a very high degree of confidence and develops the qualities of patience and courage to face all types of challenges and barriers in life. Here they trained us how to cross obstacle.